

Nº1 TRAVEL SPA

Whether you want to unwind or add a touch of glamour, kick back and let us do the hard work. Book online at No1Traveller.com or call 08442 64 64 40.

Massages

Core revival

This body massage uses Aromatherapy Associates' acclaimed Muscle De-Stress Gel to leave you feeling calm.

30 mins - £35 (back, neck & shoulder)
60 mins - £65 (full body)
90 mins - £95 (fully body including face & scalp massage)

Back rejuvenation

This back massage uses Dermalogica's deep-cleansing scrub to revitalise your skin and leave you feeling refreshed.

30 mins - £35

Flight relief for shoulder or head

This calming head or shoulder massage uses Aromatherapy Associates oils to give any time-pressed traveller the perfect treatment.

15 mins - £15 (choose shoulder or head)

Flight overhaul

Enjoy a Dermalogica® UltraCalming™ skin treatment and a complete 90 minute head-to-toe massage.

150 mins - £135

Flight relief for legs & feet

This leg & foot massage uses Aromatherapy Associates oils to quickly relieve tired, swollen legs & feet whilst improving circulation, tension and stress.

30 mins - £30

Jet lag revival package

Make yourself feel human again with our ultimate pampering package. Including a full body Core revival massage, a 20 minute microZone® facial and a manicure or pedicure.

120 mins - £100

Fix it Massage

Tell our therapist what hurts and they will work away your aches & pains. 15 mins - £15

Showers

Put some power in your shower. Fluffy towels and hairdryers are included.

£10 or free with any £25+ treatment

Skin treatments by **dermalogica**®

Face Mapping® skin analysis

A professional consultation that reveals your skin's past, present and healthiest future.

10 mins - complimentary

Skin bar

Learn about your skin with Face Mapping®, and then learn how to use the products, hand-on.

15 mins - complimentary

AGE Smart® facial

Give your skin a revitalising power boost with this treatment designed to nourish, regenerate and energise skin.

75 mins - £75

UltraCalming facial

This treatment will hydrate, soothe, calm and replenish travel-stressed skin.

60 mins - £65

Prescriptive facial

A choice of products to suit your skin. Our therapists will recommend a treatment to suit you.

60 mins - £65

microZone®

We'll address your top skin concern with our exclusive Dermalogica® microZone® treatments - the quick-fix for troubled skin. Ask a therapist for more details.

20 mins - £20 (choose from the below)

microZone® moisture boost

Rehydrate and replenish dry, thirsty skin. This deeply penetrating, moisture surge treatment lifts away dulling skin debris to reveal plump new skin.

microZone® men's skin fitness

If shaving brings out the worst in your skin, help it recover from damage while cleaning, clearing, soothing and calming.

microZone® age management

Revitalise and energise while fighting the signs of ageing with this restorative treatment.

microZone® flash exfoliation

Resurface, smooth and brighten dull lacklustre skin with this maximum strength exfoliation treatment.

microZone® eye rescue

Treat multiple eye area concerns like dark circles, puffiness and wrinkles with this advanced peptide eye treatment.

Nails

File & polish

Base coat plus colour on hands or feet.

15 mins - £18

Express manicure or pedicure

Skin conditioning, base coat and colour.

30 mins - £25

Luxury manicure or pedicure

Conditioning massage, cuticle treatment, base coat and colour.

Manicure 60 mins - £40 Pedicure 60 mins - £45

Men's manicure or pedicure

We shape, groom, soak and give a finish with a buff or neutral polish.

30 mins - £25

Two week polish

Cuticle treatment, file and application of Artistic gel polish on your fingers or toes, giving a flawless finish for up to two weeks.

40 mins - £35

Two week manicure or pedicure

Conditioning massage, cuticle treatment, file and application of Artistic gel polish, giving a flawless finish for up to two weeks.

Manicure 60 mins - £45 Pedicure 60 mins - £45

Tinting

Eyebrow 15 mins - £15

Eyelash 15 mins - £15

Eye Opener

Eyelash & brow tint plus eyebrow shape

45 mins - £25

Waxing

Get set for your holiday with our range of pre-flight preparation treatments. Both strip and hot wax are available. Please note that times are approximate.

Bikini

Regular bikini 20 mins - £15

High cut bikini 20 mins - £20

Brazilian* 30 mins - £25

Hollywood* 30 mins - £35

Face & arm

Underarm 15 mins - £12

Lip 10 mins - £10

Chin 10 mins - £10

Eyebrow 15 mins - £10

Face 25 mins - £20

Forearm 25 mins - £20

Full arm 35 mins - £25

Leg

Half leg 30 mins - £15

Upper leg 30 mins - £20

Three-quarter leg 35 mins - £25

Full leg 45 mins - £30

Men's

Chest 25 mins - £15

Chest & abdomen 30 mins - £25

Shoulders 10 mins - £15

Back 25 mins - £25

Back & shoulders 35 mins - £30

*Hot wax only

Please note all treatments are subject to availability.